

## A Multi-Vitamin, Energy hit, and awesome Collagen Boost in one.

Made in Switzerland

## Vita Collagen Complex Plus

Hyaluronic acid • Collagen UC-II • Astaxanthin OPC pine bark • Q10 • MSM

See what Pubmed Science says about the Collagen UC-11 we use in their research article:

https://www.ncbi.nlm.nih.gov/pmc/articles/PMC7222752/

'Even at the smaller dosages, **UC-II** has also been reported to be more effective than the glucosamine and chondroitin sulfate supplements, which are the supplements most frequently used in the market'.



## Vita Collagen is more than a beauty elixir (all-in-one drink).

This is a food supplement with collagen hydrolysate (collagen peptides), hyaluronic acid, glucosamine, coenzyme Q10, astaxanthin, lutein, lycopene, plant extracts, amino acids, vitamins, and trace elements in it.

Ideal for growing anti-ageing needs. This is a comprehensive great-tasting drink **powder**. Highly concentrated and unique. Add to water, stir, leave, and drink.

You will see a great improvement in the following:

Connective tissue Reduction of tiredness

Skin | Hair | Nails Immune system

**Energy metabolism** Vision

Muscles Bones

**Nervous system** 

## Explanation of what the ingredients help each with:

Astaxanthin – Acts first and foremost on the skin, immune system, and eyesight while providing your body with greater energy, physical performance, and endurance. Q10 - Natural coenzyme Q10 is indispensable for generating energy. 95% of the body's entire energy is activated by coenzyme Q10. The Q10 content in important organs declines significantly after the age of 40! Supplements are useful and help the body achieve greater energy and drive.

MSM: Laboratory studies have found that MSM has anti-inflammatory and antioxidant effects. Sulphur, which is a major component of MSM, plays an important role in making collagen and glucosamine, both of which are vital for healthy bones and joints, and in the production of immunoglobulins, which help your immune system.

Vitamins D3, C, E and selenium, manganese and zinc – protective substances to combat the aging process.

**Selenium:** indispensable trace element for detoxification of the body. Selenium deficiency is very common. That's why you need to supplement.

Manganese and **Zinc:** manganese and zinc play a pivotal role in **mitochondrial metabolism** and energy generation, anti-oxidation defense, transcriptional regulation, and the immune response.

Vitamins D3: 80% of the population is deficient in this anti-aging hormone of our immune system. It helps to strengthen muscles and bones. It protects our nerve cells.

**Vitamin C:** vital for collagen renewal. Strongly water-soluble antioxidant in conjunction with **vitamin E a**nd **coenzyme Q10**. Important detox function in the body. Reduces fatigue.

Vitamin E: most important fat-soluble protective vitamin. Important for the formation of good quality connective tissue. Protects blood cells, eyes, nerves and brain against aggressive free radicals. Improves the circulation of blood and the oxygen supply to the blood vessels.

**Hyaluronic acid** – Filling material for skin and joints. Hyaluronic acid is a natural, high molecular weight, long-chain substance in the body that performs many roles. It regulates the water content in connective tissue and ensures that our skin remains smooth and elastic. In addition, taking hyaluronic acid has a positive effect on joints, tendons, and ligaments.

Collagen UC - Undenatured collagen is the native form of collagen. The helical structure it supports joint health and flexibility. It serves as a catalyst for the regeneration of collagen fibers and hyaluronic acid. See the article link above from Pubmed Science about the greater quality of the Collagen used in this product compared to what is used in most collagens.

Under 40 years old - Regular Collagen is recommended.

Over 40 years old - A mixture of regular and Collagen Plus is recommended.





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( It takes a month to arrive)